

How to earn the FDC credential

To earn the FDC™ credential, issued by The Family Development Credential® Program at the University of Connecticut, you will participate in a 90-hour course offered by an official FDC instructor, practice the skills you are learning, and prepare a portfolio.

After you have completed the course and your portfolio is submitted to the FDC Portfolio Review Coordinator, you will take an examination to assess your knowledge of the information in the text, *Empowerment Skills for Family Workers*. The exam is provided in your own community.

While you attend the FDC course, you work with an FDC portfolio advisor who offers guidance and support for your portfolio development work. Your FDC portfolio must include, *for each of the ten chapters*:

- Responses to at least three *Activities to Extend Your Learning* found at the end of each chapter of the *Empowerment Skills for Family Workers* text. These three can be from any section.
- A plan for, and assessment of, a *Skills Practice* for each chapter. For your own learning goals, you may want to do more than one Skills Practice for some chapters.
- Three *Family Development Plans* that you have created with one family, to demonstrate your ability to work with the family member(s) as they choose a goal and begin to take steps toward that goal, plus a one-page reflection on what you and the family did to facilitate change, and what you learned from the process.
- Overall Reflection of your FDC experience

Costs: Your costs will include the fee charged by your local FDC training program (fees vary), the book, *Empowerment Skills for Family Workers, 3rd Ed.* (\$65), and a credentialing fee charged by the University of Connecticut FDC Program (\$300). Fees may change as needed in the future.

For information on FDC classes in your area, please contact the National FDC Program manager at nationalfdc@uconn.edu or 860-486-0606.